Contents

Preface ix

List of Contributors xi

Chapter 1
Chronobiology at the cellular and molecular levels: recent developments
L.N. Edmunds, Jr 1

Chapter 2
Research on the molecular basis of circadian rhythmicity. The cellular approach
T. Vanden Driessche 19

Chapter 3
The broad spectrum of plant rhythms
W.L. Koukkari 31

Chapter 4
The molecular genetic approach to a study of biological rhythms in Drosophila
M.W. Young, T.A. Bargiello, M.K. Baylies, L. Saez, D.C. Spray and F.R. Jackson 43

Chapter 5
Cellular basis of circadian rhythmicity in Bulla: a model system
G.D. Block and Sat Bir Singh Khalsa 55

Chapter 6
Circadian organization and the representation of circadian information in the nervous systems of invertebrates
T.L. Page 67

Chapter 7
Neuroendocrine control of insect circadian rhythmicity
B. Cymborowski 81

Chapter 8
The suprachiasmatic nucleus and the mammalian circadian system
R.Y. Moore 97

Chapter 9
Temporal order of ultradian rhythms in man
G. Hildebrandt 107

Chapter 10
Type II iodothyronine deiodination: nyctohemeral rhythms in the cerebral cortex, the pineal gland, and the Harderian glands
R.J. Reiter, J.M. Guerrero, M. Puig-Domingo and C. Santana 123

Chapter 11
Pineal and photoperiodicity: practical aspects
J. Arendt, J. Broadway, J.E. English, M. Kemp, A.L. Poulton and A.M. Symons 137

Chapter 12
Masking of circadian rhythms by Zeitgebers as opposed to entrainment
J. Aschoff 149

Chapter 13
Masking and entrainment
J. Waterhouse and D. Minors 163

Chapter 14
Circadian rhythms and shiftwork: adjustment or masking?
S. Folkard 173

Chapter 15
Kinetics of an hourglass component involved in the regulation of human sleep and wakefulness
S. Daan, D.G.M. Beersma, D.J. Dijk, T. Åkerstedt and M. Gillberg 183

Chapter 16
Shiftwork: determinants of coping ability and areas of application
T.H. Monk 195

Chapter 17
A destabilization theory of shiftwork effects
M. Haider, R. Cervinka, M. Koller and M. Kundi 209

Chapter 18
Chronopharmacology of cardiovascular medications
B. Lemmer 219

Chapter 19
Nocturnal asthma: circadian components and implications for chronotherapeutic strategies
M.H. Smolensky and G.E. D'Alonzo 243

Chapter 20
Chronobiology in oncology in 1987-1988
F. Lévi 261

Chapter 21
Automatic chronotherapy: an integral part of the future of medicine
W.J.M. Hrushesky 281

Chapter 22
Chronobiology of gastric function: relevance to human ulcerogenesis
J.G. Moore 295

Chapter 23
Chronobiology of the gastrointestinal system
N.H. Rubin 307

Chapter 24
An update on clinical chronoendocrinology
A. Angeli and F. Carandente 319

Chapter 25
Cardiovascular rhythms: their implications and applications in medical research and practice
G. Cornélissen, P.T. Scarpelli, F. Halberg, J. Halberg, F. Halberg and E. Halberg 335

Chapter 26
Circadian phenomena in depression: theoretical concepts and empirical findings
D. von Zerssen 357

Chapter 27
Chronobiology of affective illness
T.A. Wehr 367

Subject Index 381